

## SPECIAL INTEREST CLASSES

**Spring 2025** 

Beginner Pickleball 6:15-7:15 PM

**Session 1:** Tuesdays February 4, 11, 18, 25 & March 4, 2025 **Session 2:** Tuesdays March 18, 25, April 1, 8, & 15, 2025

What is Pickleball, you may ask? Pickleball is a fast-paced racquet sport that combines elements of tennis, badminton, and table tennis, played on a smaller court with a net. Players use solid paddles to hit a perforated plastic ball over the net, aiming to score points by making the ball land within the opponent's court. The game is known for its accessibility and quick learning curve, making it popular among players of all ages and skill levels.

This class will teach the basics of the game, including the rules, how to serve, trick shots and more. We have some paddles for your use, or you can bring your own.

**Instructor:** Leigh Anne Mason **Fee:** \$55 **Location:** The Courts at Duncan Park

## BLS/CPR 12:30-3:30 PM

Sessions: Fridays February 28th, March 28th and April 25th

The goal of the BLS course is to train participants to save the lives of victims in cardiac arrest through high-quality CPR. This course will demonstrate basic lifesaving skills, how to rapidly recognize life-threatening emergencies, along with giving quality chest compressions and ventilations. Basic AED usage will be demonstrated. At the end of the course participants will earn CPR certifications backed by the American Heart Association.

**Instructor:** Courtney Nichols **Fee:** \$70 **Location:** Room 410, Howell Garner Building

To register with a credit card please call (601) 446-1204. To pay with cash or check stop by Copiah-Lincoln Community College; 11 Co-Lin Circle, Natchez MS 39120, Willie Mae Dunn Library located in the Tom Reed Academic Building. Pre-Registration is required.

If for some reason you are not satisfied with a class, you may receive a refund. No refunds will be given after the first-class meeting.

Registration hours are 7:30 a.m. until 3:30 p.m. Monday-Thursday, and 7:30-11:30 on Fridays. The courses featured in this schedule do not carry credit or lead to academic degrees. If you have any questions, please call (601) 446-1103 or Email: kimberly.grover@colin.edu

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Be on the lookout for future classes throughout the semester.